

Check out our bulletin board for other details concerning events!
Program Coordinator: Shannon Auxier, 803-874-1270 ---- Center Hours: 8:30am to 3:30pm
Free Wifi: Coffee, Newspaper, Mail Letters, Purchase Money Orders, Pick Up Prescription by request.
Optional Daily Activities: Card Games, Board Games, Word Search, Yard Games, etc.

Monday	Tuesday	Wednesday	Thursday	Friday
Coffee & Chit Chat 1 10:00-10:15 BINGO! 10:15-11:15 Hunt for Tom the Turkey Begins! 11:15-11:45 Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Diabetes Month, tips, handouts 10-10:30 Coloring Pages/Crosswords 10:30-11:00 Corn Hole Game 11-12 Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Zumba With Celeste 3 10:00-10:45 Jeopardy! 10:30-11:30 Can Slam Game 11-12 (option) Lunch served @12:00	Nov Healthy Skin Month 4 Tips/recipes for skin care 10:15-10:45 Games/Client Choice 11:00-11:45 Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Coffee & Chit Chat 5 10:00-10:15 BINGO! 10:15-11:15 Remember to "Fall Back" on clocks the weekend! This day in History 11:15-11:45 Lunch served @12:00
Coffee & Chit Chat 8 10:00-10:15 BINGO! 10:15-11:15 Coloring and word puzzles 11:15-11:45 Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Story of Indian Corn And Coloring Page 9 10:15-10:30 Topic-World Kindness Day Paint a rock for message 10:30-10:45 Giving & Kindness Trivia Slide Show 10:45-11:45 Arthritis Foundation Exercise 11:00-12:00	Zumba With Celeste 10 10:00-10:45 Coffee & Chit Chat 10:00-10:15 Veterans Day Bring a pic! Discussion/"Thank You" Ornament 10:15-11:45	 Center Closed Veterans Day 11	Arm Travels 12 Visit Costa Rica 10:15-11:15 Acorn Photo Craft Wear Blue Today! World Diabetes Day Nov 14 Helpful Handouts to be given. 11:15-11:45 Lunch served @12:00
Coffee & Chit Chat 15 10:00-10:15 BINGO! 10:15-11:15 Can Game 11:15-11:45 Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Coffee & Chit Chat 16 10:00-10:15 Water Color Painting 10:15-11:00 Ring Toss 11-12 Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Zumba With Celeste 17 10:00-10:45 Jar Lid Owl Craft 10:00-11:00 Story of Kindness slide show 11:00-12:00 Lunch served @12:00	Coloring Pages, Word Jumble, crosswords and more! 10:15-11:00 Games/Clients Choice 11:00-12:00 Arthritis Foundation Exercise 11:00-12:00 Walmart Shopping 1:00p Lunch served @12:00	BINGO! 19 10:15-11:15 Tag Tom the Turkey Game 11:15-11:45 Funny Signs! 11:45-12:00 Lunch served @12:00
Coffee & Chit Chat 22 10:00-10:15 BINGO! 10:15-11:15 Solitaire/Cards 11:15-11:45 Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Easy and Healthy Recipes for the Holidays 23 Words of Kindness to one another 10:15-11:00 Turkey Trot with Gyptsie Arthritis Foundation Exercise 11:00-12:00 Lunch served @12:00	Zumba With Celeste 24 10:00-10:45 Last day of Tom the Turkey! 10:00-11:00 Autumn Table Tent Craft Thankful for Game 11:00-11:45 Lunch served @12:00	Center Closed 25 	Center Closed 26 
Coffee & Chit Chat 29 10:00-10:15 BINGO! 10:15-11:15 What did you do for (sharing)Thanksgiving 11:15-12:00 Arthritis Foundation Exercise 11:00-12:00	"Giving Tuesday" discussed 30 10:00-10:45 National Mason Jar Day History Discussion 10:45-11:15 Ring Toss 11:15-12:00 Arthritis Foundation Exercise 11:00-12:00			

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