



Mon	Tue	Wed	Thu	Fri
<p>1 A little Chit Chat 10:00-10:15</p> <p>In Person & Virtual Bingo 10:15-11:15</p>	<p>2 Read Across America Day(Dr. Seuss) Healthy Aging Facts 10:15-10:45 Arthritis Foundation Exercise 10:45-11:45</p>	<p>3 Zumba with Celeste 10:00-10:45</p> <p>Name That Tune 10:45-12</p>	<p>4 Take on the Topic 10:00-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>5 Colon Cancer Facts 10:15-10:45 (National Dress in Blue Day) Mexican Train Competition 11-12</p>
<p>8 A little Chit Chat 10:00-10:15</p> <p>In Person & Virtual Bingo 10:15-11:15</p>	<p>9 Take on the Topic 10:00-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>10 Zumba with Celeste 10:00-10:45 Scattegories 10:15-11:15 Middle Name Pride Day Lets Share! 11:15-12</p>	<p>11 Adult Coloring Activity10:00-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>12 Girl Scouts Day: Local Troop Spotlight 10:00-10:30 It's Your Health Take Charge with Jillian 10:30-12:00</p>
<p>15 A little Chit Chat 10:00-10:15</p> <p>In Person & Virtual Bingo 10:15-11:15</p>	<p>16 Word Puzzles (St. Patrick's Day) 10:00-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>17  Zumba with Celeste 10:00-10:45 St. Patrick's Day Craft/Celebration 10:30-11:30 </p>	<p>18 Word Search Puzzles 10:00-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>19 A Little Chit Chat 10:00-10:15</p> <p>World Poetry Day 10:15-11:15</p>
<p>22 A little Chit Chat 10:00-10:15</p> <p>In Person & Virtual Bingo 10:15-11:15</p>	<p>23 Word Puzzles, Cards and More! 10:00-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>24 Who am I? 10:15-11:15 Zumba with Celeste 10:00-10:45 A little Treat: National Chocolate Covered Raisins Day 11:15-12</p>	<p>25 Sudoku Puzzles 10:00-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>26 Word Search Puzzle 10:00-10:15</p> <p>Women's History Month Spotlight 10:15-11:15</p>
<p>29 A little Chit Chat 10:00-10:15</p> <p>In Person & Virtual Bingo 10:15-11:15</p>	<p>30 Brain Games 10:15-10:45</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>31 Zumba with Celeste 10:00-10:45 Take on the Topic: National Crayon Day: What is your favorite? 10-10:45 Pictionary 10:45- 12:00</p>		

Calhoun County Council on Aging
803-874-1270

Modified Center

Hours:

10:00am to 12:00pm

Staff available 8:00am to 4:00pm, Monday through Friday

Group Activities:

Limited Capacity of 15 and Reservations are REQUIRED for Monday, Wednesday, and Friday attendance.

Arthritis Foundations and Zumba Fitness Classes are limited to EIGHT people.

Call Elizabeth Rhaney, Activity Coordinator, to secure your reservation for activities.

Weekly activity booklets will continue!

