

December 2021




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

| | | | | |
|---|---|--|--|--|
| <p>Help decorate a tree at the center! Bring your own ornament to place on tree!</p> | <p>Draw names for gift exchange on the 1st! Charity giving this month!</p> | <p>1 Games! Ladder ball and corn hole + your choice 10:15-11:45 Zumba with Celeste 10:00-10:45 Lunch @ Noon</p> | <p>2 Craft Day Holiday Cards 10:15-10:45 Crazy Cans 10:45-11:45 Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>3 BINGO! 10:15-11:15 Outside Walk (weather permitting) look for Pinecones 11:15-11:45 (craft) Lunch @ Noon</p> |
| <p>6 BINGO! 10:15-11:15 Puzzles and Ponderings 11:15-11:45 Arthritis Foundation Exercise 11:00-12 Lunch @ Noon</p> | <p>7 Craft Day Pinecone craft 10:15-11:00 Washer Toss 11:00-11:45 Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>8 Christmas Trivia Jeopardy! 10-11:45 Coloring pages & Trivia Pack 10:45-11:45 Plus Video Zoo! Zumba with Celeste 10:00-10:45 Lunch @ Noon</p> | <p>9 Holiday Shop! Walmart Shopping Trip 1:00p Chit Chat & Jeopardy! 10-11:45 Arthritis Foundation Exercise 10:45-11:45</p> | <p>10 AC Travels Coffee & Chit Chat 10-10:15 Armchair Travels to Missouri 10:15-11:15 Finish Passports 11:15-11:45 Favorite Carole's Lunch @ Noon</p> |
| <p>13 BINGO! 10:15-11:15 Sharing Holiday Recipes! 11:15-11:45 Plus Video/Instruments Arthritis Foundation Exercise 11:00-12 Lunch @ 12</p> | <p>14 Movie! & hot cocoa! Christmas Movie 10-12 Holiday Lights & Dinner 4:30p Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>15 Games! Two Fun Christmas Games 10:15-11:45 Zumba with Celeste 10:00-10:45 Lunch @ Noon</p> | <p>16 Craft Day Tree Ornament 10:15-11:00 Shake it out game 11-11:45 Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>17 BINGO! 10:15-11:15 Toys from childhood match game 11:15-11:45 Lunch @ Noon</p> |
| <p>20 BINGO! 10:15-11:15 Christmas Card Exchange Arthritis Foundation Exercise 11:00-12 Lunch @ Noon</p> | <p>21 Christmas Fun ISpy, crosswords, wordsearch, Scrabble and more! 10-11:45 Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>22 Craft Day Zumba with Celeste in dining room for all! 10:00-10:45 Candy Wreath 10:45-11:45 Lunch @ Noon</p> | <p>23 Party! Gift exchange! Party 10:30-11:45 Wear "Ugly" Sweater! Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>24 Merry Christmas Eve!  Center Closed</p> |
| <p>27 Center Closed </p> | <p>28 Chit Chat! Your Holiday? 10:00-10:45 Crosswords/coloring 10:45-11:45 Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>29 Games! Ladder Ball 10:15-10:45 New Year's Resolution? History 10:45-11:45 Zumba with Celeste 10:00-10:45 Lunch @ Noon</p> | <p>30 New Years' Eve! Trivia 2022 10:15-11:00 New Years' Rockin' Eve with Jill! 11-12 Photo Props! Arthritis Foundation Exercise 10:45-11:45 Lunch @ Noon</p> | <p>31 Center Closed </p> |

Check out our bulletin board for other details concerning events!

Program Coordinator: Shannon Auxier, 803-874-1270 --- Center Hours: 8:30am to 3:30pm

Free Wifi; Coffee, Newspaper, Mail Letters, Purchase Money Orders, Pick Up Prescription by request.

Optional Daily Activities: Card Games, Board Games, Word Search, Yard Games, etc.