




Mon	Tue	Wed	Thu	Fri
<p>Beat the Heat Fan Project:</p> 		<p>Ice Cream in a Bag Activity!: Bring winter gloves so your fingers don't freeze too!</p>	<p>1 Word Search Puzzles 10:15-11:00</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>2 Coffee and Current Events 10:00-10:30</p> <p>BINGO with Kevin 10:30-11:30</p>
<p>5 Coffee and Current Events 10:00-10:30</p> <p>BINGO 10:30-11:30 Farmers Market Opens! 10 - 2</p>	<p>6 Beat the Heat: Paper Fans 10:00-11:00</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>7 ZUMBA with Celeste 10:15-11:00</p> <p>Bible Study 11:00-12:00</p>	<p>8 Take on the Topic: Favorite School Sub- ject 10:15 to 11:00</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>9 Coffee and Current Events 10:00-10:30</p> <p>Daily Chronicles with Tina 10:30 0 11:30</p>
<p>12 Coffee and Current Events 10:00-10:30</p> <p>BINGO 10:30-11:30 Farmers Market Opens! 10 - 2</p>	<p>13 Stretching your Budget to pay for Healthy Food 10:15</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>14 ZUMBA with Celeste 10:15-11:00</p> <p>Bible Study 11:00-12:00</p>	<p>15 Blood Pressure Checks 10 to 12</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>16 Coffee and Current Events 10:00-10:30</p> <p>BINGO 10:30-11:30</p>
<p>19 Coffee and Current Events 10:00-10:30</p> <p>BINGO 10:30-11:30 Farmers Market Opens! 10 - 2</p>	<p>20 Word Search Puzzles 10:15-11:00</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>21 ZUMBA with Celeste 10:15-11:00</p> <p>Bible Study 11:00-12:00</p>	<p>22 Easy Ice Cream in a Bag 10:15 to 11:00</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>23 Clients Choice! Board Games, Cards, and more! 10:00 -12:00pm</p>
<p>26 Coffee and Current Events 10:00-10:30</p> <p>BINGO 10:30-11:30 Farmers Market Opens! 10 - 2</p>	<p>27 Brain Teasers 10:15-11:00</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>28 ZUMBA with Celeste 10:15-11:00</p> <p>Bible Study 11:00-12:00</p>	<p>29 Today in History 10:00-10:30</p> <p>Arthritis Foundation Exercise 10:45-11:45</p>	<p>30 Coffee and Current Events 10:00-10:30</p> <p>CANDY BAR BINGO 10:30-11:30</p>

CALHOUN COA
Contact: Barbara Jones
874-1270

CENTER HOURS
8:30am – 3:30pm

Daily Events
 Free Wireless Internet, Coffee & Daily
 Newspaper
 Fitness Room 8:30 – 12:00
 2:00 – 3:30
 Cards/Games 1:00 – 3:30
 Mail letters/purchase money orders &
 pick up prescriptions
 Current Events– 9:00 – 1:00
 Word Search, Puzzles, & Board games
 8:30am – 3:30pm

**Computer Access &
 Assistance**
 Monday—Friday
 8:30am-3:30pm
Arthritis Foundation Class
 Tuesday & Thursday
 10:45- 11:45
Bible Study on Wednesday 11:00
 – 12:00
Bookmobile 2nd Tuesday 10:30 –
 11:30
TRMC – 3rd Thursday
 10:00 – 12:00
Lunch Served: 12:00 M-F